Upcoming Events

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>EVENT</th>
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<tbody>
<tr>
<td>March</td>
<td>Frid 6th</td>
<td>1.30pm Cross Country trials 9/10 year olds</td>
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<tr>
<td></td>
<td>Mon 9th</td>
<td>Labour Day Holiday - No School</td>
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<tr>
<td></td>
<td>Tue 10th</td>
<td>3.50 – 6pm School Photos</td>
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<td></td>
<td>Thur 12th</td>
<td>5pm Education Committee</td>
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<td></td>
<td>Frid 13th</td>
<td>1.30pm Cross Country Trials</td>
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<td></td>
<td>Sat 14th</td>
<td>9 – 12pm Fete Working Bee</td>
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<td></td>
<td>Wed 18th</td>
<td>3.45-4.45pm Year 7 Get Together Reunion</td>
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<td></td>
<td>Frid 20th</td>
<td>9am - 12pm District Cross Country</td>
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<td>Sun 22nd</td>
<td>11am -3pm KPS School Fete</td>
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<tr>
<td>April</td>
<td>Mon 23rd</td>
<td>6pm School Council AGM</td>
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<td></td>
<td>Tues 24th</td>
<td>5pm Fundraising Committee</td>
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<td></td>
<td>Wed 25th</td>
<td>10 -12am Early Birds Choir – Kensington Town Hall Opening</td>
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<td>Thur 26th</td>
<td>Grade 5/6 Excursion to Nova Cinema</td>
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<td>Frid 27th</td>
<td>2.30pm End of Term 1. School finishes at 2.30pm</td>
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<tr>
<td>April</td>
<td>Mon 13th</td>
<td>8.50am Start of Term 2 – Return to school</td>
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<tr>
<td></td>
<td>Frid 24th</td>
<td>Pupil Free Day – No School</td>
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PRINCIPAL’S REPORT

School Council

We still need one more person to nominate for School Council. Please consider joining. The next Council Meeting is the Annual General Meeting on the 23rd of March. We will have a School Council meeting following this presentation. The AGM will start at 6:00 and we will present data and answer questions about the school and how it is doing.

How to be a school Councillor

School council involvement FAQ

* There is now Online training for School Councillors [http://www.schoolgovernance.vic.edu.au/]

1. Do I need special experience to be on school council?
   No! What you need is an interest in the school and the ability to work cooperatively with others to help shape its future. All school councillors need to respect other members’ opinions AND support and uphold all council decisions. Parent members bring expertise and views to council on behalf of the whole school community.
DEECD members bring educational expertise and views to council on behalf of the whole school community. Community representatives tend to bring individual expertise to assist council in specific decisions.

2. Why is parent membership so important?
Parents on councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

3. How can I become involved?
The most obvious way to become involved is to vote in the elections that are held in February or March each year. Since ballots are only held if more people nominate as candidates than there are positions vacant, you might seriously consider standing for election as a member of the school council, or suggesting to another person that they stand for election.

4. What do I need to do to stand for election?
The principal arranges and conducts the elections. Ask at the school for help if you would like to stand for election and are not sure what to do. The principal will issue a notice and call for nominations in the second half of February or early in March. For parents, this notice will probably be given to your child so you may need to check with them whether it has been sent home. Details of the election process are available from the school or see: School Council – Elections

5. Do I have to have children at school if I want to be on school council?
Most positions on school council are for parents with children at the school. However, there are two other categories, DEECD employee members and community members, for which you do not have to have a child at the school.

6. Can I remain on school council if my children leave the school?
If you are a parent member of school council and your child is no longer at the school, you are no longer eligible to serve on council as a parent member. The exception is if your child finishes school at the end of the normal school year for your child's year level, in which case you may continue on council until the next council election, if you wish to.
If there is a community position available, the school council may coopt you to that position.

7. Can we co-opt an ex-school councillor or a person who has children at another school onto our school council?
Yes, but only as a community member.

8. Can a coopted member be the school council president?
Yes. A coopted member (community member) can be a school council president.

9. Who can be a school council president?
Almost anyone. The only people who cannot be a school council president are DEECD employees in either the DEECD employee or parent category of membership.

10. What is the workload?
School council must meet at least 8 times in each year, and at least once per school term. Meetings should be restricted to approximately 2.5 hours duration at most. In many schools, all school councillors are expected to sit on at least one subcommittee. Subcommittees generally meet at least twice each term.

11. Why get involved?
It’s a great way to get involved and have a real say in what your school is doing for its students. It’s a very good way to help present and future students of the school. Your children may feel a greater sense of belonging with the school.

More Information
http://www.asciv.org.au Association of School Councils in Victoria (ASCV)
http://www.viccso.org.au Victorian Council of School Organisations (VICCSO)
http://www.ssa.vic.gov.au State Services Authority (SSA)

*Improving School Governance - a training package for school councils
Improving School Governance, a training package for school councils, has been developed to improve the knowledge, understanding and skills of school council members, school council presidents and school principals.

The package consists of four modules: Induction, Strategic Planning, Finance, and Policy Development and Review. Facilitators, in the regions, provide training for school council members. Principals can also use the package with their own school councils.

The modules can also be accessed online. Participants can complete the modules at their own pace, in any order and are able to return to each module as many times as necessary. To access the online training, see: Improving School Governance


Still have questions – talk to our parent Councillors:

Tim Richter 0405497274, Chris Dwyer 0423120234, Wizz Height 0409947479, Duncan Fitt 0403914545, Stewart Brook 0403425000 Ahmed Faid 0423276974 (community member)

Tips For Parents-Ontario Education

http://www.edu.gov.on.ca/abc123/eng/tips/readkto3.html

Simple steps to your child's success

Did you know that there are many simple things you can do at home to support your child's education? Here are some effective (and easy!) tips for you. You can also learn more about steps we are taking to reach every student.

Bat tennis. Future champs

Seedlings ready for planting. The grade 1/2’s are the lucky horticulturalists this term.
Tips and Tools for Parents

10 Tips to help your child with reading

Tips for kindergarten to grade 3

1. **Cuddle up and read.** Quiet times together are opportunities to bond...and read. The cuddling can be as important as the reading. Make it exciting: put some drama into your voice or let your child read every other page. As you go, explain any new words or ideas.

2. **Public libraries today are worlds to explore so try to go regularly.** Your library has great resources – books, computer games, DVDs, CDs, magazines, newspapers and Internet access. There are also terrific in-house programs such as reading circles for little ones and homework clubs for older children. If you have access to a public library, talk to the librarian about what is available.

3. **Make your kitchen part of your "reading zone".** Have fridge magnets available so children can start making words and short sentences.

4. **Words are everywhere – take everyday opportunities to read with your child.** Your child's world is filled with words – on cereal boxes, street signs, stores, posters, subway ads, etc. Wherever you go, you can always find new words and point them out.

5. **Games can be great learning tools.** Board games or card games such as word bingo or memory and rhyming cards can be a fun way to learn about words, letter sounds, and reading. They can help children realize how much fun learning can be. Check out your local school fair or second-hand stores for gently used games. You can even create your own by cutting out pictures, writing words on cards and getting your child to match them.

6. **Computers are reader friendly too!** Though many worry that kids may spend too much time on the computer, there are some great games that help kids learn to read and allow them to create their own stories. Look for "parent approved" on the packaging in stores and in the library. Find some kid-friendly websites, like National Geographic for Kids, Hoodmaths, ABC, BBC that have games you can play along with your child.

7. **Books make great gifts.** Ask family and friends to give a book instead of a toy as a gift. Make sure to tell them about your child's reading level and interests. To build up a home library find almost-new books at garage sales and school fairs.

8. **Subscribe to a magazine.** There's no substitute for the excitement of receiving mail. Let your kids subscribe to their favourite age-appropriate magazine and watch their eyes light up with the arrival of each new issue.

9. **Be a reading role model.** When your kids see you reading, they will want to imitate you. It won't be long until they learn that reading is fun, interesting, and a "grown up" thing to do.

10. **Keep books, magazines and newspapers handy.** Keep a box in the kitchen or living room for easy access.

Government School Facts

Government school numbers (as at February 2014): 1526
- 1127 - Primary schools
- 77 - Primary/Secondary
- 239 - Secondary
- 79 - Special
- 4 - Language

Students in government schools (as at February 2014): 565,113.2
- 332,016.0 - Primary
- 219,542.7 - Secondary
- 11,550.5 - Special
- 2,004.0 – Language

- Number of students at census at Kensington Primary School for 2015-469

Mark Ryan
STUDENT OF THE WEEK AWARDS
Monday 9th March 2015

Amelie 1-2 A
Being well prepared for her show and tell about lunar new year

Amelie 1-2 G
Always trying her hardest and showing school values

Jenna 1-2 K
Writing beautifully during our poetry lessons

Molly 3-4 C
Demonstrating initiative and leadership on our excursion in the city

Ryan Ngo 3-4 M
Making wonderful sketches and observations during our city excursion.

Lucinda 1-2H
Being an excellent team member by making sure everyone’s ideas were heard

Keziah Prep D
Being a friendly and supportive member of Prep D

Abiageal 1-2 R
Confidently sharing her song about the months of the year

Elena 1-2R
Showing great teamwork and helping others in her reading group

Alessio 5-6 S
His active listening skills

Harvey 1-2 A
Always using lovely manners keep it up

Otis Prep H
Creating an outstanding growing pattern

Yousif Prep H
Being a happy and positive member of our class
School photos will take place next **Tuesday 10th March**. Your child has been sent home with a photo envelope which gives details on how to purchase your photo packages. If you wish to order a sibling/family photo please collect an envelope from the office.

---

**ONLINE & ENVELOPE ORDER INSTRUCTIONS FOR:**
Kensington Primary School: 10 March 2015

School photo order envelopes have been or will be distributed to every student and it is important that the order instructions (below) are followed.

**SCHOOL PHOTOS ARE NOW AVAILABLE FOR SECURE ONLINE PURCHASE**

**4 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING**

**STEP 1:** Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) **before** photo day and enter your 9 digit school code: [YMD HQF 6FA]

**STEP 2:** Enter your student’s details

**STEP 3:** Choose the package that best suits your needs

- *All orders will be returned to the school for collection.

**STEP 4:** Pay for the photos via the shopping cart (upper right corner of the page).

**PLEASE NOTE:** Late fees will apply once orders are closed (5 days after photo day).

---

**SIBLING/FAMILY PHOTOS**

**NO ENVELOPE REQUIRED IF ORDERING ONLINE**

**STEP 1:** Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) **before** photo day and enter your 9 digit school code: [YMD HQF 6FA]

- Online orders will be closed 2 working days prior to the day of photography.
- You can find your online order close off date on the top right hand corner of your sibling order envelope, which is 8/03/15.
- Orders can also be placed with a cash or cheque payment by returning a sibling order envelope up until the day before photo day.
- You can collect a sibling order envelope from your school office.

---

**INSTRUCTIONS FOR ORDERING USING AN ENVELOPE**

**STEP 1:** Complete the student details section on the front of the order envelope. Please use black or blue pen.

**STEP 2:** Complete the purchase details on the front of the envelope.

**STEP 3:** Select your payment method using one of the following options:

- **Cash** – Please enclose correct money – no change given.
- **Cheque** – Make payable to Advancedlife with your name & address on back of cheque.
  - **Allow 60 days for your cheque to be finalised.
  - A $25 fee will apply to any dishonoured cheque payment.

**STEP 4:** Return your completed sibling order envelope to school the day before photo day.
Book Club is back for 2015

A big thank you to Sue Bramich and Bronwen Harries who have agreed to coordinate Book Club this year. This year there will only be 1 brochure for each child. If you’re new to book club, payment can be made

- by Credit card on the Scholastic website
- by cheque payable to Scholastic Australia
- by cash – please include the correct payment as it is difficult to provide change.

Please return orders and payment to your class teacher by NEXT THURSDAY, 12th March, to allow us to process orders and return books before the end of term. If anyone would like to help with Book Club, please call Bronwen on 0421 909 185

Happy reading

Annette & Karen

12 K Class Catch up

3 – 5pm

Sunday 12 April 2015

(Last day of the school holidays)

Pirate Playground, JJ Holland Park

Enter from Altona Street

Please bring a small plate of goodies to share for afternoon tea. (No nuts please)

Contact Michelle (William T) 0411 759 465 or Cazz (James) 0415 514 928
Ride to School Day

On **Friday 13 March 2015** we’ll be celebrating the ninth **National Ride2School Day** event, where over 300,000 Australian students, just like yours, will ride, walk, scoot or skate to school.

We support our many students who currently walk or wheel to school because:

- Students feel fresh and alert at the beginning of a school day.
- There are fewer cars around the school which eases ‘drop off congestion’.
- Students are more likely to reach the recommended 60 minutes of physical activity they need each day.
- Students feel happier, healthier and perform better in the classroom.

Parents can join in the fun by walking or wheeling with the students or helping greet children using active transport on the day. Contact Cory ([baudmania@gmail.com](mailto:baudmania@gmail.com)) if you’d like to be involved.

---

Class 12F Get-together

Where: Bayswater Road Park
When: **Sunday 15 March**, 2.30-4.00pm
All siblings, parents, grandparents etc. welcome.
*Please remember children must be accompanied by a parent or guardian.*
I hope to see you there!
Sophie (0404 564 389)
(The get-together will be cancelled if it is raining.)

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Prep H Play in the Park

All Prep H children, their siblings and parents are invited to join us at the Altona St Park at JJ Holland Park on **Sunday 15 March** from 2-4pm. Please feel free to bring a plate of afternoon tea to share – if the weather is dreadful, we’ll postpone. All children must be accompanied by an adult.
No need to RSVP – just come along!
Sarah Brook (Edward’s mum) 0418 384 122
Grade 6 News

Grade 6 2014 Students - Get Together

We hope you are keeping well and that you have enjoyed the first weeks at your secondary schools. We would love to see you all again and hope you are able to head back to KPS and catch up with each other and us.

**Date:** Wednesday, March 18th

**Time:** 3:45 – 4:45

**Venue:** The Hall

**RSVP:** 9376 6013 – KPS school office.

Please let us know if you can make it so we can organise snacks and drinks.

Fiona, Stuart, Kim and Vivienne

Grade Six 2015 Jumpers

**Dear Grade Six Students and Parents,**

The grade six 2015 jumper design has been decided and we are now in the process of getting sizes and orders ready to go. As soon as we have all order forms back we can go ahead and bulk order the jumpers. The school uniform shop is helping us with our order again this year. We expect to have the jumpers very early next term.

**The final price of the jumper is $40.**

Please send the note back to grade teachers along with payment for the jumper no later than Wednesday March 11th.

TO PARENTS OF CHILDREN IN YEAR 6, 2015

A significant part of the secondary school transition process relies on student address and contact information being accurate. Please contact the school office on 9376 6013 if/when details need updating throughout the year.

Fiona, Kim, Stuart and Vivienne.
Bounce Back

BOUNCE BACK Resilience Statements (Acronym)

Over the year the BounceBack! program covers ten units that together build skills needed for resilience. We began this term learning about values, and will now explore the coping skills and attitudes that children can learn to respond to the inevitable difficulties that life throws up. These skills include thinking skills and behaviours that support children to develop an optimistic outlook, to understand and accept emotions without feeling overwhelmed by them and learn to look at situations in a balanced way without personalizing or blaming unfairly. Developing good social skills, seeking help when you need it and using humour are other strategies referred to in the Bounceback! program.

To break down this task and make the skills easier to remember there is an acronym - BOUNCE BACK with each letter reminding us of a statement that covers one aspect of these coping skills. Younger students use a shortened version, BOUNCE. Teachers may choose several of the statements to focus on over the next few weeks. As parents, it is useful to have an idea of all the statements, so I will summarise some of the important points under each statement over the next few weeks.

Bad times don’t last, things always get better. Stay optimistic.

This statement is not just about wishful thinking – bad times and bad feelings are almost always temporary – even if some situations seem to get worse before they get better. Over time, situations change and the way you see situations also shifts which allows new ways of addressing the issues to emerge. At times it is important to focus on one day at a time to get through and maintaining the belief that things are more likely to turn out well (optimism) keeps you engaged in trying to solve a problem rather than giving up.

Other people can help if you talk to them. Get a reality check.

Seeking help and talking to others encourages young people to share their thoughts, feelings, experiences and plans with a trusted person. In this way they can gain support and become clearer about their own thoughts and feelings. The ‘reality check’ that is referred to in this statement is a way of using the perspectives of others to double check our own thinking or perceptions. It allows us to look for evidence to support or challenge our thinking rather than allowing imagination, exaggeration, panic or ‘jumping to conclusions’ to influence us. The skill of seeking help, learning to check your ideas and perceptions against those of others and developing caring relationships in which you can share things about yourself are key protective factors for children and adults.

Unhelpful thinking makes you feel more upset.

When we think in an unhelpful way about a negative event it exaggerates our emotional reactions and our behaviour. All of us can learn some tactics to identify when we are using unhelpful thinking and substitute helpful thinking in its place. Some of the tactics are:

- Changing distortions in your thinking (over-reacting), mind-reading (eg “they are not talking to me because they don’t like me”), and over generalizing (eg “I can’t learn this maths, I’ll never be any good at maths).  
- Encouraging ‘reality checking’ by talking to other people and checking the ‘evidence’ and facts of the situation  
- Accepting that there are some things that you can’t change – they are not in your control  
- Not oversimplifying things - no person or situation is all good or all bad.

Unhelpful thinking makes you feel less hopeful, it stops you from solving problems well and is not based on facts. Helpful thinking makes you feel calmer and more hopeful. It helps you to solve problems well. It is based on what is real and known. Helpful thinking does not make hard times go away, it helps us to feel better and more hopeful. It can help reduce symptoms of depression and anxiety.
March Against Melanoma

A big thank you!

Thank you to everyone in the KPS community who have supported us and helped us exceed our fundraising goal of $4,000 for melanoma and skin cancer research. In fact we’ve raised over $5,000 so far!

We had a great March last Sunday, starting at Skinny Park, around JJ Holland Park, through the school, then morning tea at the Scout hall. About 80 people joined us, and it was perfect day for a walk and catch up with friends and remember our dad and husband, Johnny Sides, who died from skin cancer nearly six years ago.

Without your support we couldn’t have raised so much money for such an important cause to us. If you would still like to make a donation it’s not too late. Donations are being collected at the office or you can donate online http://www.skincancer.asn.au/my-fundraising/3195/team-johnny-sides

And remember . . . always wear a hat and sunscreen in summer, and try and stay in the shade!

James  1/2K and Cazz.

Prep parent helpers needed for the art room.

Would you like to come to your child’s art lesson and help the newest KPS kids with their transition to primary school? There are many small tasks you can help within the art lesson and the students love having extra adults around to listen to their stories about their art work.

You can come each week or every now and then, toddlers welcome. Art classes are on Thursdays.

Prep E  10.00 am
Prep J  11.30 am
Prep H  12.25 pm
Prep D  2.15 pm

Contact Linda Weisser and leave your details. Hope to see you soon
weisser.linda.a@edumail.vic.gov.au

Testimonial from Clare Hudson .....a prep parent helper from last year.

“I helped out with some prep art lessons last year and it was a fantastic experience. Linda was so welcoming and I was able to bring my son who was 7 months at the beginning of prep. The program she runs is sensational and it was wonderful to assist and see the children’s art skills develop. It is a lovely way to get to know the other children in your child’s class better. We had lots of laughs as the children shared ideas and stories (sometimes related to their art work). My son Sam would look forward to us coming and loved sharing his art lesson. Linda’s program has the children engaged and learning so many art concepts. It was a privilege to watch and share these lessons. I learnt so much too! We weren't able to come every week and Linda was very happy for us to help when we could. I encourage you to go along and give Linda a hand and share this special time with your child’s class.”

Linda Weisser
02/03/15 ISSUE 12
Kensington Primary School Community Fete
Be Part Of The Magic
22 March 2015 11am-3pm

22 DAYS TO GO

Collecting your donations now.
We need to know what we have and what to buy.
Please bring your donations to school, as you accumulate them.

Last day for donations Friday 13 March 2015

DIARY DATES
MORE NEEDED
- Soft Drink/Juice Cartons
- Mystery Bottles
- Preserves Drive
- Lucky Dip Prizes

• 6 March@12pm Preserves Making

• 7 March Open for Donations 10am
• 14 March 9am-12pm Working bee
• March Lolly/Chocolate Drive
• Stocktake

THE BIG DAY

WE NEED YOU

KPS currently has
350 families = potentially 700 parents = potentially 2800 grandparents

THAT’S A LOT OF POTENTIAL.

If you, a family member, or the company you work for, could offer
Sponsorship of a Ride or Children’s Activity, a prize for the Silent Auction
or any number of things including bain-marie, trestle tables, marquees
(and the list goes on) it would be tremendous.

Your support will be acknowledged to our school community via our
weekly newsletter & on the day with promotional material and signage,

A HUGE THANK-YOU TO ALL OF OUR SPONSORS & FAMILIES FOR THEIR GENEROUS DONATIONS
Walkers Needed Now
For distribution of posters to local shops/community hubs and flyers to Kensington/Flemington households
please call Fleur 0448 476 705
Posters and flyers are available for distribution. Collect from the office now.
Check with the office if your area is available to letterbox drop, the kids will love it!

Jam Making Day
The ladies from the cake stall will be having a jam making afternoon on Friday March 6th from 12pm until school pick up time in the school kitchen. Come along with some fruit (or veg for chutney) and join in, or pop by for some tips about making preserves at home. We will have plenty of jars and recipes available to all.
We will also happily accept any fruit or veg donations
Contact Charlotte 0414 675 117 and Cherie 0402 236 282

MARCH
Lolly & Chocolate Drive

Please Note
Lollies
- any shape or size
- Lollipops Yes!
- Chocolates individual portions or ‘fun’ size preferred
Thank you

Working Bee
Saturday 14 March
9am-12pm
Help us to spruce up the school grounds before the big day.
Many people from outside the school community will be joining us for our Harmony Day celebrations and we want to look our best.
FACE PAINTERS NEEDED
FACE PAINTERS NEEDED
FACE PAINTERS NEEDED
FACE PAINTERS NEEDED
FACE PAINTERS NEEDED

THE GROOMING SHACK
Including - Face Painting
- Henna -Hair Feathers -
Hair Paint & Nail Salon

Volunteers needed to help on this coolest of cool stalls and help to source hair bands, hair gel, hair spray, hair paint & nail polish.
Let us know how you can help.

CALLING ALL GOOMERS & HAIR STYLE FASHIONISTAS COME & CREATE SOME CRAZY STYLES

Cakes and Preserves
You will be receiving a cake plate and wrapping, soon, with a request to fill with home baked goodies. Please remember to label all cakes and preserves with the ingredients, the cook’s name and the date it was made.

Thank-you

KPS FETE RIDE-ALL-DAY WRIST BANDS COMING SOON

Coat hangers and clothes racks wanted for 2nd hand clothes stall. Racks will be on LOAN and returned to you after the fete. Please contact stall coordinators.
The most important motive for work in school and in life is pleasure...in its result, and the knowledge of the value of the result to the community. Albert Einstein

ONE more stall requires a Coordinator.
THE MONEY TREE
A TREE WITH MAGIC LEAVES
POSSIBLY MADE OF MONEY!!!
We need a small team of people to sell raffle tickets to win the money tree, whose leaves could make you hundreds of dollars.
The magic leaves are dozens of scratchies, with huge potential.
ONE MORE JUST ONE MORE.

PLEASE DIRECT ALL ENQUIRIES OR QUESTIONS TO
Wizz- wizzanddale@bigpond.com (0409947479), Bronwen-matt.bron@aapt.net.au (0432609856), Fleur- fleurandrod@bigpond.com (0448476705). Kath - katowebb@gmail.com (0400615 565)

Sponsors of Kensington Primary School Fete

Kensington Community Centre, MELBOURNE MUSIC TUITION, Wayward Books, Webb Family, Phillip Island Nature Reserve, SCIENCEWORKS, St Aloysius College, ACMII, Aligned for Life Pilates, SCHWEPPES, Hammond Family, HYPOXI Moonee Ponds, Height Family, MAYER Imports, Canopy Outdoor, PASTUSO, Ascot Vale Leisure Centre, DIZZY’S CASTLE, Luna Park, MMT, Collingwood Children’s Farm, IMMIGRATION MUSEUM, Clausen Family, MACAULAY CLEAN SKINS, Newton’s Pharmacy, HAMIDA HUSSEIN ADBI, Kensington Vet, LOCAL FOLK

PLEASE support those companies/organizations that have supported us.
Department of Education & Kensington Primary School do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education or Kensington.

**SEAL Program Mount Alexander College**

*Registrations* for the entry test for the SEAL program at Mount Alexander College are open for current Year 6 students. Registration closes on 24 April. The test will be held on 2 May at the college.

**Open Day and Tours**

College tours are conducted every Wednesday morning at 9am. Open day will be 11am to 1pm on 19 April; it will be a chance to hear the new Principal talk (Principal’s Address at 11am), and to have a look around the college.

Kind regards

Meg Dunley
Transitions, Promotions and Communications
dunley.meg.m@edumail.vic.gov.au

*Meg works at the college on Tuesdays - for urgent matters, please contact the college office.*

Mount Alexander College
167–175 Mount Alexander Road
Flemington VIC 3031
T 03 9376 1622 F 03 9376 5232
[www.mountalexandercollege.vic.edu.au](http://www.mountalexandercollege.vic.edu.au)
Provider Code 00861K

Facebook Page: MountAlexanderCollege
Twitter: @MountAlexanderC

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**A GENERATION OF CELEBRATION**

Friday March 13, 2015 at 6.30 PM

Kensington Town Hall, Bellaire Street, Kensington

Cost $40 includes food and entertainment

BYO drinks and glasses

Tickets available online at [http://www.trybooking.com/GZSJ](http://www.trybooking.com/GZSJ) or via local businesses Erinbank and Tempted
Maribyrnong College
2016 Year 7 ACE High Achievers Program
Applications Open Now

- Applications close on Friday 16 April
- Testing scheduled on 4 May 2015
- See the school’s website at http://www.maribsc.vic.edu.au/enrolment, or contact 9091 8100 for further details and applications
Workshop for Year 6 & 7 students and parents

Secondary School: how can parents help their kids?

This 90 minute interactive workshop, presented by Angie Wilcock, will include activities and information on:

- Adolescent change & development...what's happening to their brains?
- Balancing time between school and social
- Organisational skills - finding a system that works
- Managing and Planning homework - be in control!
- Attitude - the power of positive communication with your teen
- Understanding HOW they learn

*Dinner will be provided and childcare is available for siblings.*

**Date:** Monday 16 March

**Time:** 6.00 pm to 7.45 pm

**Place:** Library, Mount Alexander College

**RSVP:** 2 March 2015 via phone (9376 1622) or email (mount.alexander.712@edumail.vic.gov.au) with:

- your child’s name
- number of people attending
- if childcare is required.

**Facilitator - Angie Wilcock**

Angie is a highly regarded Australian specialist on transitions in education. She has appeared on both radio and TV and works with the Generation Next team, offering support to professionals and parents Australia-wide on understanding and coping with adolescent change. She is a published author with a strong background in teaching, as well as being a mum of two sons. Her sessions are a mix of humour, anecdotes, information, real-life parenting....but above all, strategies to support families during this very critical phase of education and personal development. Her book, *The Transition Tightrope*, supports parents in understanding this new phase of education....and life!
You are invited to Gilmore College for Girls 90th Celebration 1925 - 2015

Gilmore College for Girls is turning 90. To celebrate this milestone we are putting together a showcase of some of the history and culture that typifies the education outcomes achieved by the school over the last 90 years. There will be an array of performances from past and present students along with artworks and interesting historical items.

We welcome all past, present and future students, former and current staff members, and general public to come and help celebrate the best of girls education in the west.

**MARCH 28**
10.00AM Reunion & Exhibition
12.30PM Presentation
1.00PM Celebration Carnival

**RSVP by March 20th**

Phone: (03) 9687 3688
Register Online: www.gilmoreschool.org/gilmore.eventbrite.com.au

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EVERYBODY is invited to this FREE EVENT ... DONATIONS to the Venny welcomed!

Let's PLAY

March 7th 2015

1pm – 5pm

Malarkey & Pop-Up Adventure Play

The Venny Kensington Adventure Playground
in JJ Holland Park
Kensington Rd Kensington VIC

Celebrate PLAY!
ONE STEP AT A TIME

JANE JOLLY • SALLY HEINRICH

a story about a boy, a baby elephant and a landmine.

BOOK LAUNCH & READING
at The Venny

20th March, 4:15pm
Afternoon Tea: Enjoy an elephant biscuit made by The Venny Girls Group.

Selected for the HELLO! FROM AUSTRALIA exhibition at the Bologna Children’s Book Fair 2015.

midnightsunpublishing.com MidnightSun
Understanding and Supporting Children with **ANXIETY**

Parents, Teachers, Sports Coaches, Youth Workers, Scout Leaders, Health Workers
(and anyone else interested) are invited to an evening with **Jules Haddock**

**Monday March 23rd, 2015**
7pm to 9pm
Darebin Arts & Entertainment Centre
Cnr Bell St & St Georges Rd, Preston
(On site FREE Car Park)
$20 per person (at the door) NO EFTPOS

This is a Public Event
Everyone welcome!

Covering Primary and Secondary school-aged children

Anxiety is something we all experience and is in fact a natural survival response. But anxiety can start to impact our children in an unhealthy way, negatively affecting their journey into life. School pressure, family pressure, social pressure and toxic thoughts, can all see anxiety spiral out of control.

By recognising the signs and symptoms of anxiety, we can provide sound support in assisting our children to build on their resilience and internal coping mechanisms.

In two hours, Jules Haddock, Mental Health First Aid Instructor and, REACH facilitator, will share her support strategies with you when dealing with anxious children.

**Session outline:**
- Understand anxiety as a natural response to life events
- When to worry about anxiety
- Learning how to recognise anxiety signs and symptoms, as it takes hold upon a child's thoughts, emotions and in turn behaviour.
- Learning how to support a child to manage their anxiety

**About the Presenter**
Jules Haddock has worked in the non-profit community sector for approximately 14 years, prior to accredited training in the last 12 years

Jules enjoys sharing a creative delivery with her participants, and has a sound reputation as a vibrant and humorous presenter.

She is passionate for the acknowledgement of mental health awareness and de-stigmatising mental illness. She sees the answers lying in education of all.

As a REACH facilitator and Mental Health First Aid instructor, Jules also holds education talks for community groups, corporate businesses, children, and primary and secondary teachers. Jules has and continues to present at a number of national conferences on anxiety and recovery.

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**Testimonials**

Jules is without doubt one of the most engaging, energetic and BRAVE Trainers that I have ever had the pleasure of working with.

Jules is so brave and so fearless as a trainer in being prepared to share experiences from her own life that she simply had the group totally spellbound one particular day. You can literally hear a pin drop in that training room because Jules had the room so engaged in her training.

She re-energised us all with her engaging personality, enthusiasm and her passion for the material that she is delivering.

Adam J. Turley - Trainer for Geelong, East Geelong, Torquay and Corio Matchworks sites.

Just wanted to quickly say the presentation I attended yesterday was one of the best I have been too. I got so much out of it and Jules was fantastic and I really clicked with her. Thought I would just let you know Jules was excelling as a speaker.

Craig Pyle Migration Review Tribunal - Refugee Review Tribunal

I have been inundated with positive feedback about Jules' presentation.

Geelong City Council

Jules was excellent & kept the entire group engaged the whole time. I really thought this should be passed on so others can be recognized. Myself and Patrick Cowley were discussing the class the whole way home & both felt we learnt more in one class than we thought possible & really took something away with us. Please thank Jules for her training & time. We both look forward with further training with Jules in the near future.

Patrick Cowley Employer Services Consultant - DES

Comments: an amazing lecture given by Jules, a mixture of humour, and realistic of the society we live in. Gave me knowledge which will be helpful in the workplace Evaluation Report Home and Community Care Training - Barwon South Western Region

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Critical Agendas
Teachers, Parents and Students are invited to an evening with

Sharon Witt

Developing Resilience in Adolescent Girls!

This is a Public event. Everyone welcome!

Tuesday March 3rd, 2015
7pm to 9pm
CANTERBURY GIRLS’ SECONDARY COLLEGE
Mangarrah Road, Canterbury
$20 per person (at the door) No EFTPOS

Tuesday March 17th, 2015
7pm to 9pm
Williamstown High School - Bayview St Campus
Bayview St, Williamstown
$20 per person (at the door) No EFTPOS

Secure your place!
Email rick@criticalagendas.com.au
Include your Name, Date attending & Number of tickets required.
Collect and pay for tickets on the night.
No EFTPOS
Enquiries: 0433 616 771

Testimonials
It is rare to find a person with both a clear understanding of today’s teen issues and also the ability to effectively communicate that knowledge to teens and their parents. Sharon is that person! Through her books and spoken presentations, she has touched the lives of many thousands of teens, offering clarity and hope, and real life strategies to help navigate through an increasingly complex world.
Pastor Tony Knight, Event Coordinator - CHOSEN

National Teen Leaders Convention
Sharon is an energetic and vibrant speaker, a gifted communicator, who shares her passion and heart with her audience. It is easy to see Sharon’s passion and enthusiasm for young people and the issues they are dealing with in their world. Sharon provided many practical suggestions in how we can help teenagers navigate these important years. I would recommend Sharon as a speaker to parents, youth workers, teachers and teens.
Amanda Coin, Girls Brigade Victoria

Sharon is a phenomenal guest speaker. She has facilitated a variety of sessions for our youth organisation, and always does a fantastic job! Her sessions are fun, interactive, and relevant and the young girls love them! Sharon’s heart and passion for empowering young girls is an inspiration. I highly recommend Sharon for any girls session.
Bec Mitchell, Bridge Builders Organisation

Sharon Witt is passionate about promoting growth and change in young people. She recently presented her Bully Busters programme to our Year 7-9 students. Sharon’s presentation was full of interaction and she continually encouraged student feedback and participation.
Sharon demonstrated her ability to engage with students and at times, literally have them hanging off her every word. Sharon aims to equip young people with skills in dealing positively with real life issues.
Nicole Lourian,
Melton Christian College

We all want to see our girls reach their best outcomes and mature into healthy, strong resilient girls. Resilience involves the ability to ‘bounce back’ or recover when things go wrong or negative experiences impact us. By giving our girls key strategies to develop resilience, we prepare them for life.
During this 2 hour presentation (including time for discussion and questions), Author and Educator Sharon Witt, will provide key skills and strategies our girls need in order to be resilient, strong and capable young women.

Key topics include:
- Developing Emotional Intelligence
- Navigating difficult relationships
- Conflict management skills
- The personal values and attitudes we want to foster in our girls
- Developing positive relationships
- Strategies for coping in traumatic or difficult situations
- How to foster optimistic thinking and self-talk
- Coping with Academic Stress

About the Presenter
Sharon Witt has been immersed in teen girl world for over two decades in her role as an Educator, Author and Presenter to educators, adolescents and their parents around the country.
She is also a regular media commentator on issues impacting girls, parenting and education.

Sharon currently appears on Channel 7’s Sunrise program and The Daily Edition as well as having two weekly parenting segments on radio in Melbourne and the Gold Coast and writes for various magazine publications.
Sharon is the author of best selling series of books Teen Talk and the recently released Girtwise series, which are written to help guide younger girls through many of the issues they face in early years.

Copies of Sharon’s best-selling books will be available for purchase at the conclusion of the presentation (No EFTPOS).
The University High School's SEAL Program, the Acceleration Program, which commenced in 1981, is the longest running and most stable program in Australia. It has become an integral element of the school's culture and community.

Please apply for the Acceleration Program via the link on our school website www.unihigh.vic.edu.au
The closing date for applications is Friday May 1st, 2015.

The following selection procedures will be used to identify students for the 2016 Year 7 intake:
1. Test administered by EduTest on Saturday May 9th at 9:00am at The University High School.
2. Interviews with shortlisted applicants and their parents/guardians.

The Acceleration Program at The University High School is designed to:

- **Challenge**: The subjects studied are sufficiently advanced and delivered at a pace to sustain interest and challenge the learners in the program.
- **Offer Breadth and Depth**: Students are given the opportunity to undertake a range of subjects across the domain areas and are encouraged to explore special areas of interest to a high level of expertise.
- **Provide Complexity**: The curriculum reflects the capacity of learners to engage in abstract thinking and conceptualisation to a high level.

For more information visit our school website and join us on our Open Day on Thursday April 30th.

You are also invited to attend:

**Open day at the Elizabeth Blackburn School of Sciences EBSS@UHS**

**Thursday March 12th, 2.00pm – 3.00pm**

*This is a specialist VCE facility for students interested in studying Science and Maths. Come along to see this world-class facility.*

www.unihigh.vic.edu.au