Kensington Primary School Newsletter
26th March 2015
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Principal: Mark Ryan  Assistant Principal: Julie Stephens

Contents
Upcoming Events  1
Principal’s Report  1- 4
Vacation Care  9
Wellbeing at KPS  6
Fete News  10- 12
Sports News  5
Community News  13

PRINCIPAL’S REPORT

All the fun of the Fete

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<tr>
<th>DATE</th>
<th>TIME</th>
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<td>March</td>
<td>Thur 26th</td>
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<td>Frid 27th</td>
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<td>April</td>
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<td>Tues 14th</td>
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<td>May</td>
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<td>Thur 7th</td>
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What a wonderful day for some fun! The weather was wondrous, warm and welcoming. There was laughter and smiles all round as the playground was converted into a Fair Ground. The place was abuzz and everybody was determined to have a good time. Well done to Bron and Wizz and Fleur in particular for their amazing vision in
creating such a fabulous fete. The people came in droves with cash aplenty and there was so much to see and buy. Thanks to the brilliant brigade of helpers who stood behind the stalls—there were about 100 or so people who gave their time to do so many jobs—on the day and prior to the day. Well done to Wizz’s dad for his signs—they were outstanding! Well done to all the performers—really kept the feel upbeat and energised. Thanks to the people who did the setting up and packing up—just amazing to see so many people lend a hand! The day was an unqualified success. A general feeling of tired elation.

What a way to wind up a term. Now everybody can relax over the break and smile at the memory of a truly memorable day. Well done to the Kensington Community.

ANZAC Day

Poppies decorating the fence in memory of ANZAC day. The 100 year anniversary is being celebrated this year.

Kensington Town Hall

Here are some pictures of the opening of the refurbished Kensington Town Hall. The mayor Mr Doyle is in the middle of the kids. He spoke really well and the Early Birds Choir sang wonderfully. The grade 5/6’s came down to recreate the old picture of the Town Hall. The Holy Rosary choir sang beautifully too. It was a lovely morning. Not quite the same number of students as in 1905 but still a good reference to the past.
No Smoking

New tobacco bans at all Victorian early childhood services and schools
The Department of Health and Human Services has announced the introduction of new smokefree legislation in Victoria. The new laws ban smoking within the grounds of, and within four metres of entrances to childcare centres, kindergartens, preschools and schools from **13 April 2015**. The purpose of this smokefree legislation is to protect children and young people from the harms of secondhand smoke and to reduce role modelling of smoking behaviours to children and young people. For more information about this legislation and for resources such as the 'ban on smoking' fact sheet, brochures, posters and signage, visit the Department of Health and Human Services tobacco page.

Wishing you all a safe and happy holidays.

Mark Ryan
Principal

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School Fees

Thank you to all the families who have paid their school fees by the due date. However there are still a number of outstanding accounts which are now overdue. There are 3 payment options available:

- Pay full amount of $300 per child by this Friday, 27\(^{th}\) March
- Partial payment of $200 per child by 27\(^{th}\) March and balance of $100 to be paid by 26\(^{th}\) June.
- Other payment option if requiring financial assistance – please see the office to arrange an appointment to discuss.
It was such a delight taking a group of enthusiastic Cross Country runners to Aberfeldie running track last Friday. The students were buzzing with excitement, a little nervous and prepared in the best possible way. They were hydrated, they all carried drinking bottles and wore the appropriate uniform. Well done. Thank you to the parents who brought students to the extra training session last Wednesday and supported us on the day. Much appreciated.

Congratulations to Oscar Th, Yuuki, Julian Amelie and Milla who qualified to go to the next level, that is, the Division Cross Country Championships. Special mention to Finn C, Michael K, Tamsin, Marc and Logan who came in the top 15.

Have a great holiday and keep active.

Yours in Sport, Nuccia
Bounce Back acronym – BOUNCE ....BACK

When we look at the Bounce Back acronym, grades prep to 2 use BOUNCE while the other students also look at the statements below. You can see that the acronym statements begin to develop optimistic attitudes and behaviours as well as addressing emotion regulation skills and helpful thinking. We aim for students to remember all the statements so that they can draw on the different skills when the situation arises. Developing a shared language with the Bounce Back statements and linking this to increased emotional awareness in ourselves and our children provides a strong basis for ongoing social and emotional learning and increased resilience.

**Blame Fairly – how much is my fault, how much is someone else’s fault, how much is bad luck or something I can’t change?**

We need to try to be fair to ourselves and to others, especially when things go wrong. It is easy to blame other people for something that happened when it might have been an accident. It is easy to over-blame ourselves when someone else needed to take some responsibility too, or bad luck was at play. It is easy to say ‘it wasn’t my fault’ when we could have been more careful and an accident wouldn’t have happened. Blaming fairly means trying to give some of the responsibility to: our own actions, other people’s actions and bad luck or circumstances. If you always only blame YOURSELF for things that happen in your life, it can lead to giving up, not trying and feeling unnecessarily unhappy. If you always blame OTHERS for things that happen, you never learn from your own mistakes and you don’t take responsibility for your actions. If you always blame BAD LUCK or things that are outside your control it leads you to think that you have no control over your life and can result in a feeling of helplessness.

**Accept the things you can’t change, but try to change what you can first.**

This statement invites a discussion of issues that are beyond children’s control that they have had to learn to accept: moving house or school, the loss of pets or family members, parents separating, and many more. It is important to acknowledge the strong feelings that are generated when things happen to us that are beyond our control and different ways we can manage these feelings until we can come to a point of acceptance of the situation as it is. There are techniques for providing ourselves with some ‘distance’ from a situation that we do not like but cannot change such as breathing, meditation and visualization, exercise, and having a special place that you can go when you need to (real or imaginary).

**Catastrophising exaggerates your worries**

Catastrophising is very common and includes over stating every day experiences, for example saying ‘what a disaster’ when something relatively minor has happened, as well as convincing yourself that something terrible will happen when it is at best an outside possibility. We tend to catastrophise because we lack experience to know what something is really like; we don’t get a reality check to find out how likely something is; or are not thinking about a problem as something we can solve if we try In these situations we become flooded with emotions and are not able to access our reasoning skills. When we actively calm our emotions, and tune in to our own language, exchanging emotive comments for low key language (for example is the situation unbearable or very difficult) we can overcome the problems associated with catastrophising.
Keep things in perspective. Bad times usually only happen in one part of your life. They don’t have to spoil other things.

Keeping things in perspective is another element of optimistic thinking. There are two parts to this: one is that things that go wrong are usually confined to one part of our lives and we can concentrate on the other parts that are still going well to help us cope. The second part is using the perspective that things could be worse – although situations may be difficult to manage, with perspective we can see that there will be a way to cope.

BOOK CLUB

Issue 2 is here! Thanks to all the parents who ordered books on-line. It makes our job so much easier. There are still a number of books on back order. We will deliver them as soon as they arrive. Happy Reading.

Sue & Bron

1 2 K Class Catch up

3 – 5pm
Sunday 12 April 2015
(Last day of the school holidays)
Pirate Playground, JJ Holland Park
Enter from Altona Street
Please bring a small plate of goodies to share for afternoon tea. (No nuts please)
Contact Michelle (William T) 0411 759 465 or Cazz (James) 0415 514 928

Free Dress Day

Tomorrow is the last day of term and students can come to school in casual clothes, for a gold coin donation. Monies raised will go to the Royal Children’s Hospital Appeal.

This wonderful message of positive feedback from the fete was sent this week to the school email:

To the Kensington Primary School

Yesterday my husband and I enjoyed a fantastic fete at your school. It is our grandsons first year at the school was we were very keen to attend. What a wonderful community school you have, we were very impressed at the large numbers of volunteers (assuming they were parents and school staff there) and their enthusiasm at making everything run smoothly. We had a great lunch, egg and bacon rolls, lemonade, coffee and tea. We couldn't leave without buying biscuits, books, sweets and jams.

Congratulations to all involved and we look forward to the next fete in 2017.
Kensington Primary School 5000 Poppy Project

On the 25\textsuperscript{th} of April 2015, we will commemorate the landing of the ANZACs on the beaches of Gallipoli. We remember the sacrifice that young Australians made in World War 1, not only at Gallipoli but also on the Western Front in Europe.

In 1915, on the battle fields of Belgium and northern France, Major John McCrea, a Canadian surgeon wrote the poem \textit{In Flanders Fields}. In this poem he talks about the poppies that grew between the crosses of the young soldiers that died. Despite the devastation on the battle fields the poppies continued to grow.

Poppies have become the symbol of Rememberance.

The 5000 Poppies project was began by two Victorians Margaret Knight. Their aim was to ‘plant’ poppies in the Avenue of Honour at the Shrine of Rememberance, to honour the men who went off to war. As people learnt about the project the number of poppies grew and grew.

Today the 5000 Poppies project has exceeded expectations and will ‘plant’ a field of poppies made from hundreds of thousands of handmade poppies from all over the world.

To honour our past pupils and family members who went off to war, Kensington Primary School would like families, parents, grandparents, children and the community to help us create our own field of poppies. These poppies can be made from fabric, felt, plastic, metal, knitted or crocheted and from any other materials. Make your poppies from any shade of red. Be creative and help us to make our own field of poppies.

In commemoration of the 100\textsuperscript{th} Anniversary of Gallipoli, our students have started making poppies in art. The poppies are already up on the fence in McCracken Street for everyone to see.

With the school holidays coming, children can help make poppies. These poppies can be dropped off at the school office and will be put on display.

If you would like more information please the 5000 Poppies Project website.

Thank you for your support.

Luba Bojczuk
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<th>Week 1</th>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td>AM</td>
<td>30th March Kick Start Incursion Safety Strategies on the street and how to be safe with strangers. Resilience when dealing with bullies. Work shopping these issues together in a safe environment.</td>
<td>31st March Karate incursion Experience a traditional Japanese Karate style. “Our training will support personal development in a safe, positive and rewarding environment”</td>
<td>1st April Mexican day! Learn Mexican dancing and games. Cook some Mexican food and listen to Mexican music! Mexican themed face painting!</td>
<td>2nd April Easter Treasure hunt! Find Easter goodies all around the school! Make Easter baskets. Paint Easter eggs and decorations.</td>
<td>3rd April GOOD FRIDAY Public holiday CLOSED</td>
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<td>PM</td>
<td>Three panel drawing Working as a team of artists to create a funky character. $48 (Less with CCB)</td>
<td>Talent Show Make a mini-Sketch or Dance and show us all of your skills and talents! Solo or in a team. $48 (Less with CCB)</td>
<td>Art and Craft Making lanterns. Decorating and putting them together for you to take and brighten up your home! $38 (Less with CCB)</td>
<td>Minute to win it challenge afternoon. A series of games involving a whole range of different physical and intellectual skills! $38 (Less with CCB)</td>
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| Week 2 | 6th April EASTER MONDAY Public holiday CLOSED | 7th April Super Soccer Soccer skills, soccer games and a match! | 8th April Egg Planters Learn how to plant your own plants and then take them home to look after them and watch them grow! | 9th April Scavenger hunt Lots of clues to solve and secrets to reveal as a team in order to win the prize! | 10th April Art and craft Decorate your own ceramic tiles to take home or give as a gift! |
| AM    | Wall Hanging We are going to make our very own Patchwork hanging for the wall! Write down or draw what inspires you and add it to our wall-hanging! $38 (Less with CCB) | | Clay print art work Art with a clay base made with Tess! Create your own art out of materials found outside and recycled materials. $38 (Less with CCB) | Face Painting Madness! Come and get your face painted as whatever character you like $38 (Less with CCB) | |
| PM    | |  |  |  | INCURSION! Supreme incursions are coming to run an active incursion to help develop a whole range of skills in working with a team! $48 (Less with CCB) |

It’s not too late to book in for the holiday program! Book in with our lovely after care staff this week!

Rebecca
Aftercare Coordinator
Fete News

Kensington Primary School Newsletter

SILENT AUCTION ITEMS FROM THE FETE

If you were the successful bidder on an auction item at the fete on Sunday, CONGRATULATIONS!! Could you please organise for payment and collection of the items from the office, as soon as possible but no later than 19/04/15. We have 4 items that failed to sell on Sunday and would like to offer them for auction again,

ITEM 1: SMILE FOR THE CAMERA – TAKE 1

This voucher goes towards: Pre-session styling consultation, a complete professional makeover, a one hour studio photo shoot and one 20” x 24” portrait. Valued at over $845.

The reserve is $200.
Kindly donated by Starshots – Ascot Vale

ITEM 2: SMILE FOR THE CAMERA – TAKE 2

This voucher goes towards: Pre-session styling consultation, a complete professional makeover, a one hour studio photo shoot and one 11” x 14” portrait. Valued at over $545.

The reserve is $150.
Kindly donated by Starshots – Ascot Vale

ITEM 3: MOVE WITH THE GROOVE

A week’s scholarship to attend the Ministry of Dance 2016 Summer School.

Jason Coleman’s Ministry of Dance is more than a school of dance; it’s an environment where the passion and dedication of its people resonate within the building itself. Valued at over $550. Valid Monday 11th January – Friday 15th January 2016.

The reserve is $160.
Kindly donated by Jason Coleman’s Ministry of Dance

ITEM 4: SCHOOL OF LIVING MUSIC

5 weeks Music Tuition. 1 on 1, 30 minute lesson. Valued at $165.

The School of Living Music delivers first class engaging music tuition for all ages. The school provides an opportunity for students to achieve their goals from personal enrichment to professional performance and recording.


The reserve is $50.
Kindly donated by The School of Living Music

If you are interested in bidding for one of these items, please email: wizzanddale@bigpond.com

BY MONDAY 30TH MARCH 4PM

THE HIGHEST BID PLACED VIA THAT EMAIL ADDRESS AND BY THAT TIME WILL WIN THE ITEM. HAPPY BIDDING
WOW
WHAT A DAY!
$30,000
AND CLIMBING
WOW

24/03/15 ISSUE 15
Kensington Primary School Community Fete
All Part Of The Magic

Thank-you!
To everyone who helped in anyway to make the Kensington Primary School Fete such a huge success.
A mammoth effort but the reward well worth it!

Feedback Form: Tell Us What You Think
Please hand into office by April 17
Student   Parent/Carer   Teacher/Staff   Visitor

Favourite Bit

Worst Bit

Fix It Bit

Other Bit

**PLEASE support those companies/organizations that have supported us**

Still in search of some extraordinary mums and dads to jump on board with fresh energy and ideas to carry this amazing fundraising opportunity into the future.

Full hand over and help provided for Fete 2017. Please see contact details below.

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**ANY QUESTIONS TO**

Wizz- wizzanddale@bigpond.com (0409947479), Bronwen- matt.bron@aapt.net.au (0432609856), Fleur- fleurandrod@bigpond.com (0448476705). Kath - katowebb@gmail.com (0400615 565)
Kensington Primary School Newsletter

Community News

Department of Education & Kensington Primary School do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education or Kensington

SEAL Program Mount Alexander College

Registrations for the entry test for the SEAL program at Mount Alexander College are open for current Year 6 students. Registration closes on 24 April. The test will be held on 2 May at the college.

Open Day and Tours

College tours are conducted every Wednesday morning at 9am. Open day will be 11am to 1pm on 19 April; it will be a chance to hear the new Principal talk (Principal’s Address at 11am), and to have a look around the college.

Kind regards
Meg Dunley
Transitions, Promotions and Communications
dunley.meg.m@edumail.vic.gov.au

Meg works at the college on Tuesdays - for urgent matters, please contact the college office.

Mount Alexander College
167–175 Mount Alexander Road
Flemington VIC 3031
T 03 9376 1622 F 03 9376 5232
www.mountalexandercollege.vic.edu.au
Provider Code 00861K
Facebook Page: MountAlexanderCollege
Twitter: @MountAlexanderC

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OPEN DAY

19 April 11 am – 1 pm

Principal’s Address 11 am

Tours every Wednesday 9 am

ph: 9376 1622

www.mountalexandercollege.vic.edu.au
Kensington Primary School Newsletter

NORTH MELBOURNE AUSKICK
Conducted at Arden St by Flemington Junior Football Club
NTH MELB AUSKICK STARTS SOON – REGISTER NOW

HOW TO REGISTER:

START UP DATE:
Saturday 18th April 9:00am -10:15am

MORE INFO:
Rob Green 0404 602 604

FEATURES:
All GIRLS GROUP – run by female PE teacher
Children grouped by grade prep - grade6
Arden St - Best Auskick ground in Melbourne
Visits by North Melb Players
Canteen with real coffee & muffins
Oh no it’s Autumn! Well we have a great way for you to warm up. How about jumping headfirst into our Mighty Multisport’s Program.

Not only will you have a great time with your friends, our experienced coaches will help you learn some great new skills.

Term 2 will see children experience popular sports and try some new ones as well! They will learn some new games that will improve their hand eye co-ordination.

This term we are focusing on Hockey, Footy, Soccer and Basketball.

Kelly sports is a wonderful opportunity for your child to develop key sporting skills and inspire them to give sport a go as they improve their catching, throwing, striking, running and jumping.

So if you are in Prep to grade 4, come and see what 40 000 thousand Australian kids do at the end of their school day.

You may also be lucky enough that your schools offers our specialist sport programs or our dance programs. So check out what is on offer for Term 2.

So what are you waiting for! Look out for our fliers and come out and join us.

For more information call Kelly Sports Essendon on 93842204 or email sonya@kellysports.com.au or checkout our website www.kellysports.com.au
You are invited to
Gilmore College for Girls
90th Celebration
1925 - 2015

Gilmore College for Girls is turning 90. To celebrate this milestone we are putting together a showcase of some of the history and culture that typifies the education outcomes achieved by the school over the last 90 years. There will be an array of performances from past and present students along with art works and interesting historical items. We welcome all past, present and future students, former and current staff members, and general public to come and help celebrate the best of girls education in the west.

MARCH 28
Gilmore College for Girls
298 Barkly Street, Footscray

11.00AM Reunion & Exhibition
12.30PM Presentation
1.00PM Celebration Carnival
RSVP by March 20th

Phone: (03) 9687 3688
Register Online:
www.gilmorecollegeforgirls.eventbrite.com.au

Maribyrnong College
2016 Year 7 ACE High Achievers Program
Applications Open Now

• Applications close on Friday 16 April
• Testing scheduled on 4 May 2015
• See the school’s website at http://www.maribsc.vic.edu.au/enrolment, or contact 9091 8100 for further details and applications
Join us for our
OPEN DAY
East Kellor Campus
23rd April 2015
Niddrie Campus
28th April 2015

We would like to show you how our approach to teaching and learning is dedicated to giving our students the best chance in life - a valuable education.

Meet our Principal and Senior Team to learn how we
• help young students to adjust to Secondary College
• apply improved approaches to teaching and learning
• help students develop their individual talents
• encourage success and celebrate excellence

To secure a place in 2016, we encourage parents and students to attend an Open Day and a Campus Tour.

GIVE YOUR CHILD THE GIFT OF AN EDUCATION THAT MATTERS

Senior Campus:
(Years 10-12)
Discovery Evening
22nd July 2015
Essendon Campus
200 Buckley Street Essendon

Junior Campuses: (Years 7-9)
Day: Tours at 9.30 am, 11.30 am and 1.45pm
Evening: Tours 6.00pm and Presentation 7.00 pm
Niddrie Campus
Potars Street, Airport West
East Kellor Campus
Sheen Grove, East Kellor
Are you ready to join our Mob??

Since 2012, 44 Joey Scouts (kids aged 6 – 8) have started their Scouting journey with 6th Melbourne Scouts in Kensington.

Today we have a strong Mob of 15 Joeys and a waiting list of 32!

From Joeys our members move to Cubs (8 – 11 years), Scouts (11 – 15 years), Venturers (15 – 18 years) and Rovers (18 – 26 years). It is a holistic program that provides all sorts of fun and challenging outdoor experiences while building resilience and leadership skills.

However we can’t accept more children without more leaders. We need leaders right now for our Joey Mob.

Children of leaders are granted an automatic place in the Group, so this is a great opportunity to step up to leadership and get your child fast tracked into Scouting.

Leading is a terrific way to connect with your child, provides personal development opportunities and the chance to try lots of adventurous activities like camping, canoeing and caving that you might not get to experience in ‘real life’. Leader training provides you with nationally recognised leadership and management qualifications FOR FREE!

6th Melbourne Scouts is a group with a buzz and great fun to be part of. For 107 years we have been preparing Scouts for life as part of a worldwide organisation that promotes peace and friendship through its 36 million members in 160 countries around the world.

Ready to find out more?

Please contact Grant Randle, Group Leader on 0406 474 213, or Cazz Redding, Joey Leader on 0415 514 928 or email info@6thmelbourne scouts.org.au.
WANTING TO TAKE THE NEXT STEP
AND PLAY BASKETBALL?

Westside Basketball Club is looking for new players (boys and girls) interested in playing competitive basketball for the upcoming Winter Season. The Season will commence in 18th April and runs through to October (no games are played over school holidays).

Games are played on a Saturday at the Vic Uni Community Sports Stadium at Whitten Oval. Depending on the team, training is usually held for 1 hour on Monday, Tuesday, Wednesday or Thursday night at either Yarraville West Primary School or one of the Vic Uni courts.

Please feel free to contact the club for further information at info@westsidebasketball.com.au