**Did you know??**

**Tomorrow is Ride to School Day.** We encourage our students to be active, so hop on your bikes, scooters or walk to school and be part of the fun. Remember if you are riding to school you need to wear your helmet and stay safe.

**The Harmony Picnic is on Friday 11th March.** Come along and enjoy a relaxed night with family and friends. We are looking for Parent helpers to sell sausages, drinks, set up and pack up etc. If you are able to help please add your name to the roster at the office.

**The Bounce Back Information night has been moved to Thursday 17th March.** Please note the change of date in your diaries. We look forward to seeing you there.

**Principals Report**

**School Council**

We are conducting a ballot for parent/carer school council membership. This is a wonderful achievement as we have not had a ballot for a good while. It is great to see many people put their hand up to join council. We have 3 nominees and two places.
Parents/Carers will receive an ballot paper in their child’s bag today. Each parent/carer has the opportunity to vote for a member. This is a copy of the ballot paper. Parents/carers need to indicate who they wish to vote for by putting a tick next to the two nominees you wish to vote for. ONLY MARK TWO BOXES. Each parent/carer can lodge a vote.

Ballots need to be returned by Friday March 11th at 4:00pm. Ballots will be placed in a secure ballot box for counting.

Could be the prelude to another election that could be occurring soon.

Swimmers

Congratulations to all the children who represented the school at the swimming carnival. A great effort once more. Well done Nuccia for all her efforts in preparing the children. Thanks to all the children who tried out to make the team. You are just as much part of the success.

Mark Ryan
Principal
Student Wellbeing - Bounce Back – Acronym statements BOUN...CE

The next two statements from the acronym continue to develop the skills and attitudes that support resilience.

**Concentrate on the good things and have a laugh**
Children often feel they have little control over their responses to situations. Learning that they can choose to concentrate on the good things even in an unhappy situation is very useful. Situations are rarely all good or all bad and with practice we can learn to find small things that help us to feel more hopeful and less overwhelmed when facing challenges. *Humour is a key tool for wellbeing - socially as well as physically and emotionally. Laughter does not work magic on making problems disappear, the magic is in the way it helps us feel a little better and more hopeful about finding solutions and handling things. Always check that humour is not used to put others down or stereotype others in a negative way.

**Everybody experiences sadness, hurt, rejection, failure and setbacks. Try not to personalise them, they are a normal part of life.**
Sometimes children believe that they are the only ones who have unhappy things happen to them – they can begin to believe they are unlucky, hard done by or jinxed. Children can often think in this way as they have not had access to enough experiences to see that over time, everyone experiences difficulties. The trouble with personalising bad times is the thinking that comes along with it. We can start to think that bad things happen to us because of something about us, rather than that it is just part of life’s ups and downs. It leads to thinking: ‘what’s wrong with me?’ or ‘why did this happen to me?’ which makes the situation feel worse than if we think ‘these things could happen to anyone, everyone has some hard times in their life. What do I need to do to feel better?’ When everyday difficulties are normalised it becomes easier to have an optimistic approach to managing a range of experiences and to find support from other people.

Don’t forget to come along on **Tuesday 17th March** to find out more about supporting your child and family to develop the skills needed to overcome the challenges we all face in life.

**Introduction to Bounce Back! Parent information Evening**

**Thursday 17th March 7.00 – 8.00pm**

What are the skills we need to be more resilient ourselves and to better support our children?

Learn about the skills taught in classroom and specialist lessons and ways you can support these resilience skills at home.

We warmly welcome parents who are new to the program and those who would like a refresher!
Kensington Primary school children’s artwork bring joy and improved well-being to the people in the dementia ward at our local aged care facility Lynch’s Bridge.
Prep Art News

What’s been going on in the prep art program so far this term?

**Big idea.**
New year is celebrated across cultures.

**Key understandings.**
There are similarities and differences in the traditions of western and eastern/Asian cultures in celebrating new years.

**Key questions**
How and why is Chinese New Year celebrated? How is this similar and different to our experiences/traditions.
What are the symbols and stories associated with Chinese New Year?

We all enjoy fireworks at New Years eve.

Preps have drawn fireworks looking at radiating line and learned to make all sorts of marks with the oil pastel by using it in different ways, dragging, flicking, dabbing, twisting etc.

Pat from 5-6 R recently visited Vietnam to celebrate the Luna new year, Tet festival, with her family she brought back with her some gifts for the preps to help them understand this celebration. She came to a prep art class as a guest speaker and told us about her experience and then shared lanterns and good luck decorations.

2016 is the year of the Fire Monkey. We made collaged images of Monkeys practicing our cutting and gluing skills. For some people this required a fair measure of persistence and determination to achieve success. I am very proud of the preps “I will try my best approach” and willingness to keep at it!

Last Thursday while the rest of the school had 3 way conferences the preps came to Brooke and Linda for some painting and music fun.

Linda
Ride to School Day

Tomorrow is Ride to School Day! We’d love to encourage students to get physically active on their journey to school so jump on your bike, scooter or walk to school tomorrow. Regular physical activity is important for the healthy growth, development and well-being of children. Students who actively travel arrive awake and alert, improving their concentration in class. Every student will be greeted at the gate and given a sticker as part of the Ride to School Day. Don’t forget to wear your helmet and be safe on the roads.
**Class Catch Ups**

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**Prep D Picnic**

Sunday 6th March  
2-4pm  
JJ Holland Playground (enter from Aitona Street)  
Bring a plate of food to share, soccer ball, footy, cricket bat etc...  

Contact:  
Louise (Scout’s Mum)  
0435 639 052  
Angharad (Lila’s Mum)  
0431 533 640  

*Sibling and family welcome. Will cancel if raining*

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**34C Catchup**

When: This Sunday  6 March, 2-4pm  
Where: Jensen Reserve, Farnsworth Avenue, Footscray (On the Maribyrnong River, opposite Victoria University and the Merv Hughes Oval)  
No need to RSVP – just bring a plate of afternoon tea to share. If the weather’s unfriendly, we’ll reschedule.  
Sarah Brook (Henry’s mum)  
0418 384 122  
sarah.brook23@gmail.com
Muffin and Fruit Morning Tea
Next Monday 7th March

The FunRai$ing Committee are organising a morning tea fundraiser on Monday 7th March. For just $4.00 children can order a muffin and a piece of fruit.

Don’t miss out!

Cake + Apple = 😊
Kensington Primary School Newsletter

**Make an Amazing Animated Movie In Just 3 Days!**

**Easter Holiday Workshops**

**Hawthorn Library**
March 29th - April 1st 9:00AM - 3:30PM
Ages 9+ $270

**Kensington Neighbourhood House**
April 6th - 8th 9AM - 3:30PM
Ages 9+ $270

We also run 8 week, After School Workshops

0400 058 604 alex@animachin.com

animachin.com

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**Brooke Fitness Training & Nutrition**

**Special Offer**
Outdoor Group Fitness
Free Trial Class

5 x Class Pass
*Used over 6 weeks
$60

10 x Class Pass
*Used over 12 weeks
$100

For more information or to book in, please contact James using the below:

Phone: 0401 964 986
Email: james@brookefitness.com.au
Web: www.brookefitness.com.au
2016
KENSINGTON
WOMEN'S DINNER
CELEBRATING INTERNATIONAL WOMEN'S DAY
#PLEDGEFORPARITY

8th March
7PM
FLEMINGTON/KENSINGTON BOWLS CLUB
$5 cover charge
at the door
SUPPER AND DJ
FREE BAREFOOT BOWLS
DRINKS AT BAR PRICES
KEEP CALM ❤️ WEAR PURPLE

Gather at 6.30pm at the Women's Peace Garden for our traditional ‘Reclaim the Night’ walk. Daughters most welcome.

FOR MORE INFO, VISIT WWW FACEBOOK COM KENSINGTONWOMENSDINNER
let’s dance

KELLY DANCE

www.kelleydancers.com.au
Call 0495529972

KIDS CLASSES
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Telephone or Baby Hop, Hip Hop, Modern, Jazz, Tap, Ballet, Kinder Ballet

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High energy workout and team
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Drill-based and play-based activities
Lose weight, get fit and have fun
Participants wear heart monitors, exercise to music and use four
converse balls and a variety of equipment such as agility ladders

Cost: $12.50 a session.

LOCATIONS: Kensington, Eastwood, Yagoona, North Rockdale, Botany, Canley Vale, Tempe
1300 22 33 86 ACEFUN@TENNISSCHOOL.COM

Gilmore College for Girls
OPEN DAY
WED 9th March 10 - 11.30 am
THURS 10th March 5 - 6.30 pm

‘Her Future - Our Passion’
KENSINGTON commUNITY FESTIVAL
SUNDAY 20 MARCH 2016
9AM – 5PM
JJ HOLLAND PARK, KENSINGTON
FREE ACTIVITIES & ENTERTAINMENT
FOOD STALLS & BBQ
UNITY CUP • HENNA • FACE PAINTING • ANIMAL FARM • LIVE MUSIC
DRUMMING • AFL CHALLENGE INFLATABLES • VENNY TREASURE HUNT
SALSA DANCE • SUSTAINABLE LIVING EXPO & MORE

KENSINGTON commUNITY
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BIKE MAINTENANCE
& SECURITY ENGRAVING
RANGE OF BUSINESS, COMMUNITY
AND MORE